

BioCeuticals Research & Development Analytical Laboratory

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Contents

	Page
I. INTRODUCTION	
Purpose of the Case Study	1
Reason for Study	1
Definitions	1
II. THE TESTING	2
III. THE RESULTS	3
IV. SUMMARY	
Conclusion	4

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The purpose of this study is to show that Kre-Alkalyn^R (US Patent #6,399,661) decreases joint pain in human beings.

Kre-Alkalyn^R is manufactured by All American Pharmaceutical & Natural Foods Corporation & comes in powder, liquid, capsules, & softgels. Capsules were used for this study do to the convenience for administration and exact doses being administered.

The reason for the study is see if Kre-Alkalyn^R decreases joint pain in top end athletes.

Kre-Alkalyn^R (US Patent #6,399,661) is buffered creatine, that is completely stable.

The Testing

Due to the complexity and many functions of the chemical, a direct case study approach was taken. Since the product is Patented, there was no need to prove what was already known and was not important to do a double blind test. Instead, we wanted to find out how effective Kre-Alkalyn^R was for decreasing joint pain with out any changes to diet, workout programs or activity levels.

Test Group 1

Group 1 was composed of professional male football players who are currently involved in a heavy workout schedule (pre-season), with all being season veterans to this beginning part of the season. Their position were wide receivers and defense of backs The body weight for this group at the beginning of camp was as follows:

Subject A: 185 lbs
Subject B: 187 lbs
Subject C: 190 lbs
Subject D: 195 lbs

Group 1 started and finished with Two 750 mg capsules of Kre-Alkalyn^R, which were administered in the A.M. This went on 7 days a week for 6 weeks. Body fat, body weight, strength, endurance & stamina were measured before starting Kre-Alkalyn^R. Any aches and pains were also noted.

Test Group 2

Group 2 was composed of professional male football players who are currently involved in a heavy workout schedule (pre-season), with all being season veterans to this beginning part of the season. Their positions were running back and linebacker. The body weight for this group at the beginning of camp was as follows:

Subject E: 225 lbs
Subject F: 227 lbs
Subject G: 235 lbs
Subject H: 237 lbs

Group 2 started and finished with Two 750 mg capsules of Kre-Alkalyn^R, which were administered in the A.M. This went on 7 days a week for 6 weeks. Body fat, body weight, strength, endurance & stamina were measured before starting Kre-Alkalyn^R. Any aches and pains were also noted.

Test Group 3

Group 3 was composed of professional male football players who are currently involved in a heavy workout schedule (pre-season), with all being season veterans to this beginning part of the season. Their positions were offence of line and defense of line. The body weight for this group at the beginning of camp was as follows:

Subject E: 315 lbs
Subject F: 330 lbs
Subject G: 340 lbs
Subject H: 380 lbs

Group 3 started with Two 750 mg capsules of Kre-Alkalyn^R, for the first week, increasing to four 750 mg capsules at week 2 and remaining on that amount. Capsules were administered in the A.M. This went on 7 days a week for 6 weeks. Body fat, body weight, strength, endurance & stamina were measured before starting Kre-Alkalyn^R. Any aches and pains were also noted.

The Results

After a full 6 weeks of testing, the following were the results reported.

Test Group 1

Over all energy levels seemed to have increased, with a total body fat % being lowered by 1 %. All reported increased endurance levels through out the two a day (times 3 hour) practices. Recuperation between practices increased along with strength levels. Group 1 out performed, out endured and out played other athletes of the same position through out the 6 week period. All initial joint pain that was reported disappeared.

Test Group 2

Over all energy levels seemed to have increased, with a total body fat % being lowered by 2 %. All reported increased endurance levels through out the two a day (times 3 hour) practices. Recuperation between practices increased along with strength levels. Group 1 out performed, out endured and out played other athletes of the same position through out the 6 week period. All initial joint pain that was reported disappeared.

Test Group 3

Over all energy levels seemed to have increased, with a total body fat % being lowered by 3.5 %. All reported increased endurance levels through out the two a day (times 3 hour) practices. Recuperation between practices increased along with strength levels. Group 1 out performed, out endured and out played other athletes of the same position through out the 6 week period. All initial joint pain that was reported disappeared.

All three groups reported that their initial aches and pains disappeared after 1 week of administration. Through out the 6 week period, less aches and pains were reported compared to the rest of the team not on the product.

Conclusion:

From the testing and research done with the product Kre-Alkalyn, we so conclude that this product is very effective for increasing endurance and stamina, while eliminating fatigue due to lactic acid build up. It was also very effect for decreasing joint pain due to inflamation and direct bruising. This was one of the more exciting aspects of the test.

These 12 subjects are professional athletes who were into pre-season training and are very in tuned with their bodies.

In finial summary conclusion, this laboratory has found Kre-Alkalyn to be a very safe and effective was to decrease joint pain due to inflamation..